

JUNIOR BALLET PROGRAM

The Perth School of Ballet offers Junior Ballet classes at both our Osborne Park & Carramar studios.

Junior Ballet is a specialised PSB syllabus designed to bring fun and imagination to the fundamentals of Classical Ballet and Contemporary Dance. It consists of five levels and students can join in at any level consistent with their age.

KINDY BALLET is an imaginative and practical introduction to dance. Sessions encourage students to express themselves while developing the fundamentals of gross motor movement. Students will refine their natural movements of walking, running, skipping, jumping and galloping all in a fun and caring environment.

PRE-PRIMARY BALLET and **PRIMARY BALLET** give students the opportunity to begin to build their physical co-ordination and confidence. Students are introduced to ballet basics of and further aspects of Contemporary Dance including floor work and rhythm. They learn to develop personal movements and phrases to express emotions, thoughts and ideas.

BALLET FOUNDATION and **GRADE 1 BALLET** build on previous levels by further developing traditional ballet and Contemporary Dance skills. As students grow and mature they will be given the opportunity to take part in annual dance exams – an integral part in the development of a dancer. We recommend that Grade 1 Ballet students enrol in 2 classes per week.

Approximate Age levels:

- Kindy 4-5 years
- Pre-Primary 5-6 years
- Primary 6-7 years
- Foundation 7-8 years
- Grade 1 8-9 years